

# Helicity Property of Relic Neutrinos and Implications on Their Detection

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Symposium on Frontiers of Underground Physics  
Chengdu, China

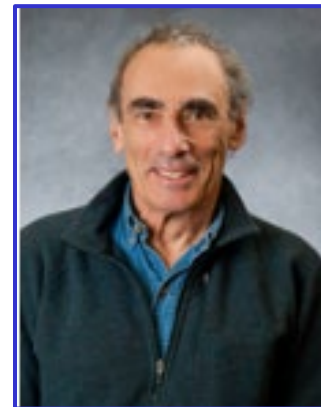
Oct. 29<sup>th</sup> – Nov. 3<sup>rd</sup>, 2023

Based on three papers in  
collaboration with Gordon Baym

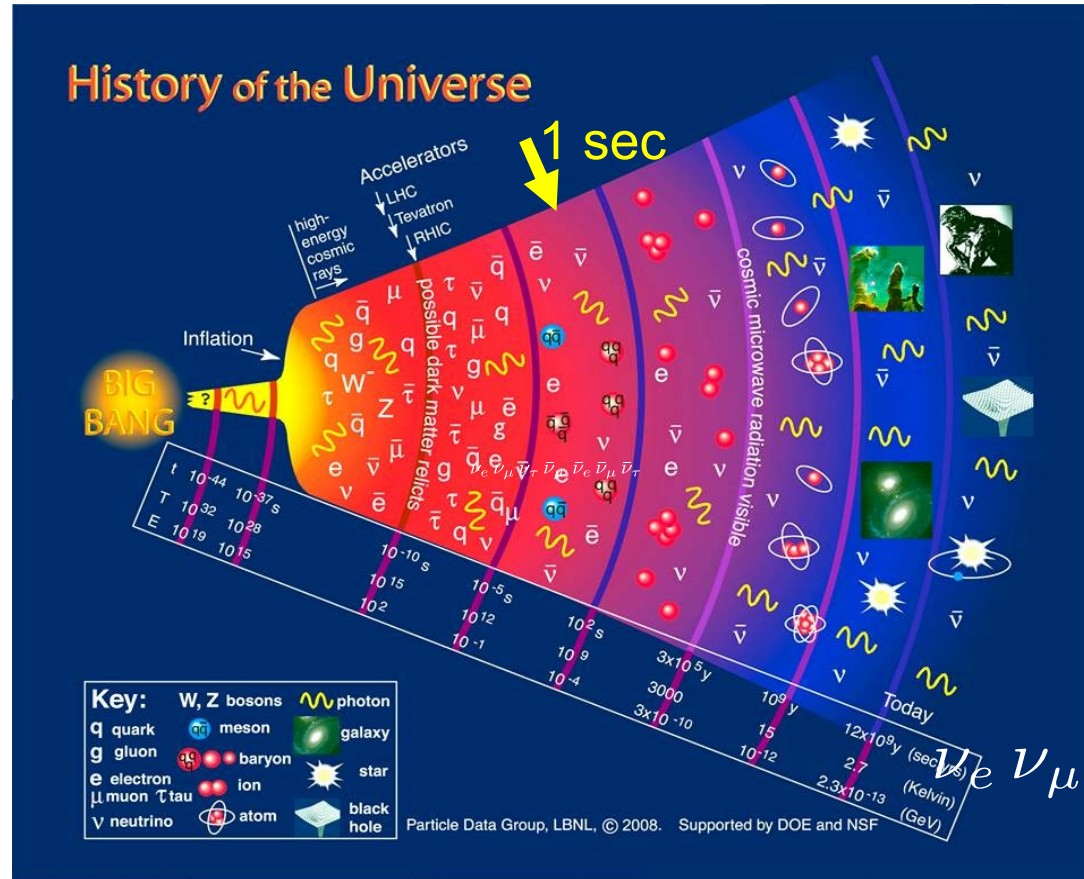
Phys. Rev. Letts. 126, 191803 (2021);

Phys. Rev. D 103, 123019 (2021);

Phys. Rev. D 106, 063018 (2022)



# Relic neutrinos from the Big Bang forming the cosmic neutrino background (CvB)



Decoupling occurs at  $t \sim 1$  sec,  $T \sim 1$  MeV

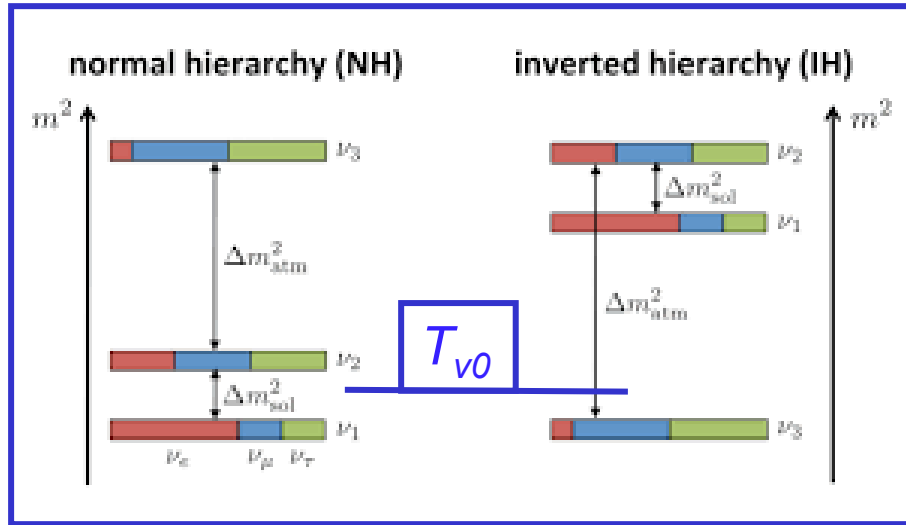
CvB has never been observed !

# Cosmic neutrino background (CvB) versus cosmic microwave background (CMB)

|               | CMB                      | CvB                                 | Relation                                  |
|---------------|--------------------------|-------------------------------------|-------------------------------------------|
| Temperature   | 2.73K                    | 1.9 K<br>( $1.7 \times 10^{-4}$ eV) | $T_\nu/T_\gamma = (4/11)^{1/3}$<br>=0.714 |
| Decoupling at | $3.8 \times 10^5$ years  | $\sim 1$ sec                        |                                           |
| Density       | $\sim 411 / \text{cm}^3$ | $\sim 336 / \text{cm}^3$            | $n_\nu = (9/11) n_\gamma$                 |

- CvB took a snapshot of the Universe at a much earlier epoch than CMB
- At least two of the three neutrinos are non-relativistic
- $\sim 20,000,000$  of CvB inside you at this moment
- Density of CvB is  $\sim 100$  times of solar neutrinos
- Decoupled as flavor eigenstates, now in mass eigenstates

At least 2 relic neutrino mass states are non-relativistic  
(Current temperature:  $T_{\nu 0} = 1.945 \text{ K} = 1.676 \times 10^{-4} \text{ eV}$ )



$$\Delta m_{21}^2 = 7.50 \times 10^{-5} \text{ eV}^2$$

$$\Delta m_{31,N}^2 = 2.52 \times 10^{-3} \text{ eV}^2$$

$$\Delta m_{31,I}^2 = -2.51 \times 10^{-3} \text{ eV}^2$$

$$T_{\nu 0} = 1.945 \text{ K} = 1.676 \times 10^{-4} \text{ eV}$$

At least two neutrino masses are larger than 100 K  
with  $m_i \gg T_{\nu 0} = 1.945 \text{ K} = 1.676 \times 10^{-4} \text{ eV}$

Normal Hierarchy: If  $m_1 = 0$ ,  $\beta_1 = 1$ ,  $\beta_2 \sim 1/50$ ,  $\beta_3 \sim 1/300$

Inverted Hierarchy: If  $m_3 = 0$ ,  $\beta_3 = 1$ ,  $\beta_1 \sim \beta_2 \sim 1/300$

# Capture of CvB on radioactive nuclei (positive Q value)

(S. Weinberg, 1962)

Tritium beta decay:



3-body  $\beta$ -decay with  $Q$ -value of

$$Q_a = M(^3\text{H}) - M(^3\text{He}) - M(e^-) - M(\bar{\nu}_e)$$

Inverse tritium beta decay (ITBD):

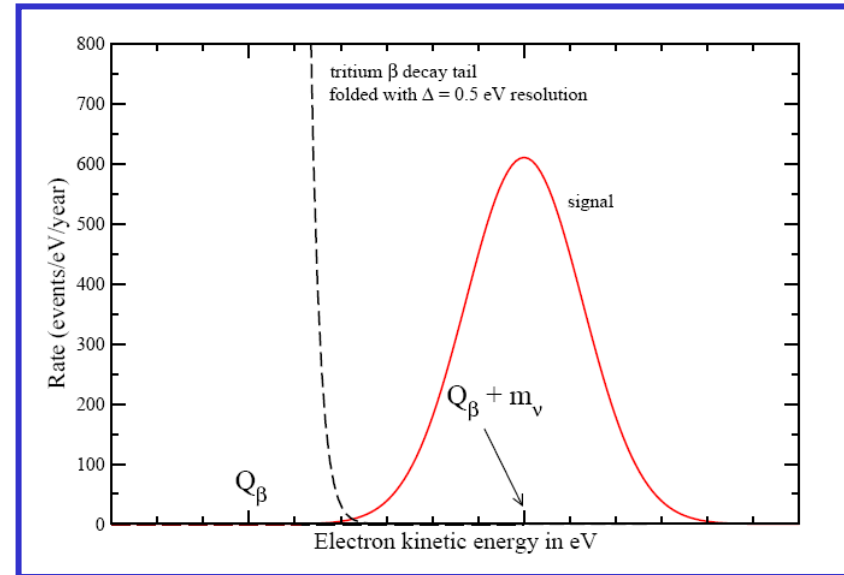


2-body reaction with the  $Q$ -value of

$$Q_b = M(^3\text{H}) - M(^3\text{He}) - M(e^-) + M(\bar{\nu}_e)$$

Therefore,  $Q_b = Q_a + 2M(\bar{\nu}_e)$

Positive  $Q$  value implies low-energy relic neutrinos can be captured !



Look for a mono-energetic peak beyond the endpoint of tritium beta decay

PTOLEMY experiment  
for this search

# Helicity dependence of the ITBD

$$(\nu_e + {}^3H \rightarrow {}^3He + e^-)$$

- ITBD for neutrino in mass eigenstate  $i$  and helicity  $h$ :

$$\sigma_i^h = \frac{G_F^2}{2\pi v_i} |V_{ud}|^2 |U_{ei}|^2 F(Z, E_e) \frac{m({}^3He)}{m({}^3H)} E_e p_e A_i^h (\bar{f}^2 + 3\bar{g}^2)$$

- The helicity-dependent factor,  $A_i^h$ , is given as

$$A_i^\pm = 1 \mp \beta_i; \quad \text{where } \beta_i = v_i / c$$

- For relativistic neutrinos,  $\beta_i \rightarrow 1$ , we have

$$A_i^+ \rightarrow 0 \quad \text{and} \quad A_i^- \rightarrow 2$$

- For non-relativistic neutrinos,  $\beta_i \rightarrow 0$ , we have

$$A_i^+ \rightarrow 1 \quad \text{and} \quad A_i^- \rightarrow 1$$

- ITBD rate depends on the helicity,  $h$ , of neutrinos

What are the helicities of relic neutrinos?

# Helicity versus chirality for massive neutrino (where does the $1 \pm \beta$ factor come from?)

For a Dirac spinor of momentum  $p$  along the  $z$ -axis with negative helicity ( $h = -1$ ) we have

$$u^-(p) = \begin{pmatrix} 0 \\ \sqrt{E+m} \\ 0 \\ -\sqrt{E-m} \end{pmatrix}; \quad P_R = \frac{1+\gamma^5}{2} = \frac{1}{2} \begin{pmatrix} 1 & 0 & 1 & 0 \\ 0 & 1 & 0 & 1 \\ 1 & 0 & 1 & 0 \\ 0 & 1 & 0 & 1 \end{pmatrix}; \quad P_L = \frac{1-\gamma^5}{2} = \frac{1}{2} \begin{pmatrix} 1 & 0 & -1 & 0 \\ 0 & 1 & 0 & -1 \\ -1 & 0 & 1 & 0 \\ 0 & -1 & 0 & 1 \end{pmatrix}$$

$$u^-(p) = u_L^-(p) + u_R^-(p) = P_L u^-(p) + P_R u^-(p)$$

$$u_L^-(p) = \frac{1}{2} \begin{pmatrix} 0 \\ \sqrt{E+m} + \sqrt{E-m} \\ 0 \\ -\sqrt{E+m} - \sqrt{E-m} \end{pmatrix}; \quad u_R^-(p) = \frac{1}{2} \begin{pmatrix} 0 \\ \sqrt{E+m} - \sqrt{E-m} \\ 0 \\ \sqrt{E+m} - \sqrt{E-m} \end{pmatrix}$$

$$R = \frac{\sqrt{E+m} - \sqrt{E-m}}{\sqrt{E+m} + \sqrt{E-m}} = \frac{\sqrt{1-\beta}}{\sqrt{1+\beta}};$$

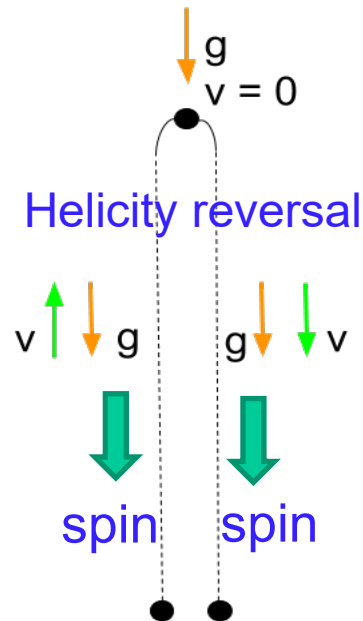
$R$  is the relative amplitude for a negative helicity neutrino to be right-handed

# Evolution of relic neutrino helicity

(from  $t \sim 1$  sec to  $t \sim 13.8$  billion years)

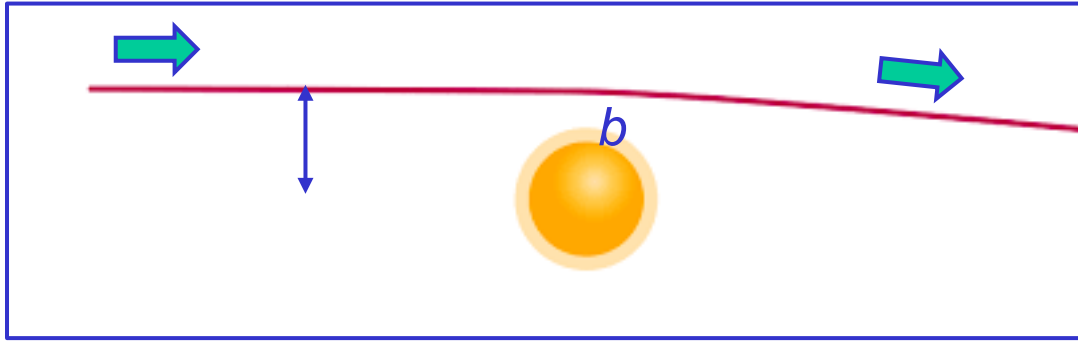
- Relic neutrinos decoupled at a temperature of  $\sim 1$  MeV, and were highly relativistic. Neutrinos were produced essentially in  $h = -1$  state, and antineutrinos in  $h = +1$  state.
- Rotation of neutrino spin due to transverse matter source is less than the rotation of neutrino momentum (gravitational lensing of neutrino), changing neutrino helicity.
- Dirac neutrino with non-zero magnetic moment will precess in galactic or cosmic magnetic fields, changing neutrino helicity.

# How would gravity modify the neutrino helicity?



If a neutrino with negative helicity is emitted upward from the Earth, it could fall back to the Earth having a positive helicity, affecting its weak interaction rate!

# How would gravity modify the neutrino helicity?

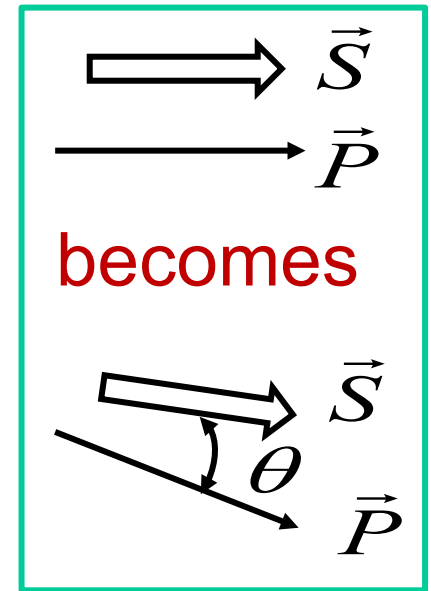


Momentum bending:  $\Delta\theta_P = \frac{2MG}{bv^2}(1+v^2)$

Spin bending:  $\Delta\theta_S = \frac{2MG}{b} \frac{2\gamma+1}{\gamma+1}; \quad (\gamma = 1/\sqrt{1-v^2})$

$$\theta \equiv \Delta\theta_S - \Delta\theta_P = -\frac{2MG}{b\gamma v^2}$$

(spin bending lags momentum bending)



$\theta \rightarrow 0$  as  $v \rightarrow 1$

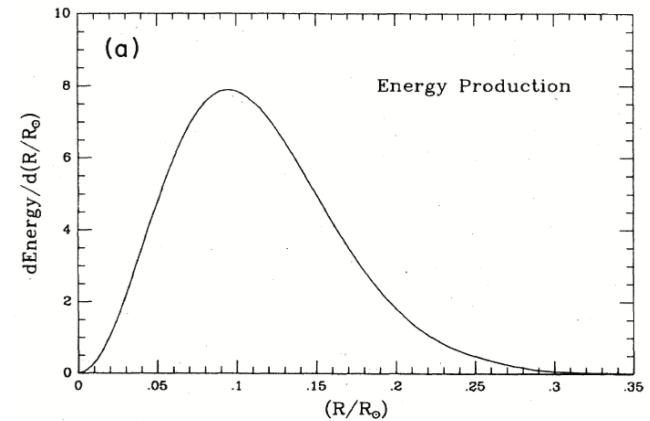
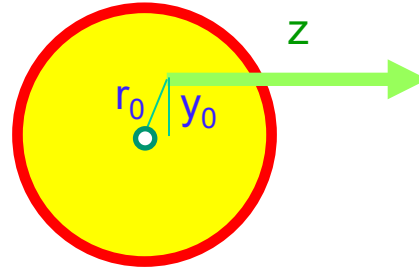
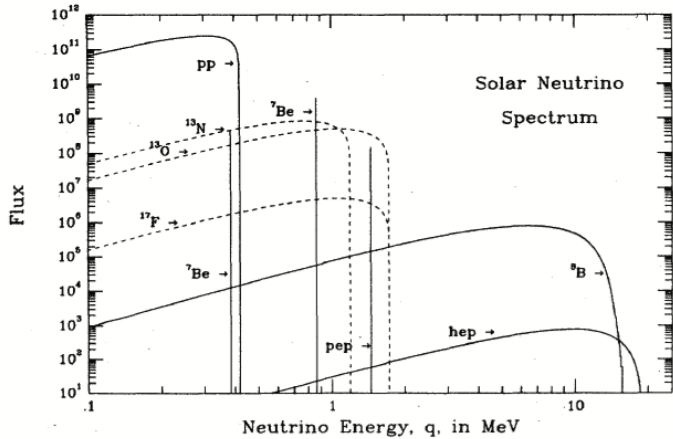
$\theta$  is large as  $v \rightarrow 0$

An angle  $\theta$  between the spin and momentum directions means

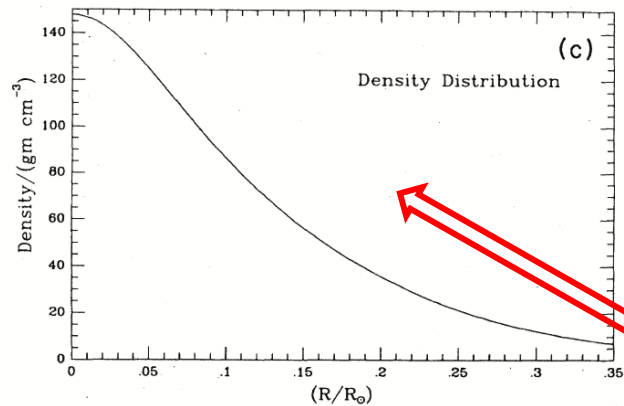
$$|h = +1\rangle \rightarrow \cos(\theta/2)|h = +1\rangle + \sin(\theta/2)|h = -1\rangle$$

Probability for  $h = -1$  is  $\sin^2(\theta/2)$

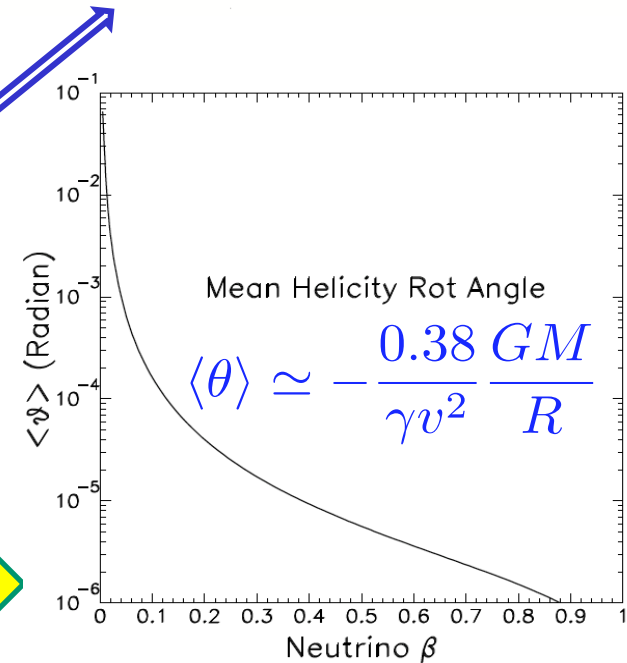
# Helicity modification of solar neutrinos by Sun's gravity



$$\theta(y_0, r_0) = -\frac{1}{\gamma v^2} \int_{z_0}^{\infty} dz \frac{GM(r)y_0}{r^3}$$



Averaged over spatial distribution of solar neutrino emission and mass distribution in Sun



Significant helicity modification of heavy particles with spin, e.g., dark photons, from Sun

# Rotation of neutrino spin and momentum by scalar inhomogeneities

Gravitation potential  $\Phi$  rotates momentum and spin:

$$\left(\frac{d\hat{p}}{dt}\right)_{\perp} = -\left(\mathbf{v} + \frac{1}{\mathbf{v}}\right) \vec{\nabla}_{\perp} \Phi; \quad \left(\frac{d\vec{S}}{dt}\right)_{\perp} = -\frac{2\gamma+1}{\gamma+1} \vec{S} \cdot \vec{v} \vec{\nabla}_{\perp} \Phi$$

Spin bending lags momentum bending: 
$$\left(h \frac{d\hat{S}}{dt} - \frac{d\hat{p}}{dt}\right)_{\perp} = \frac{m}{p} \vec{\nabla}_{\perp} \Phi$$

Neutrinos undergoes a random walk through the inhomogeneities.

Averaged bending angle is zero, but RMS grows with time

Relate field fluctuations to density fluctuations:  $\delta(\vec{x}) \equiv \delta\rho(\vec{x}) / \bar{\rho}$

$$\langle \delta(\vec{x}) \delta(\vec{x}') \rangle = \int \frac{d^3k}{(2\pi)^3} e^{i\vec{k} \cdot (\vec{x} - \vec{x}')} P(k)$$

$$\langle (\Delta\theta_p)^2 \rangle = \frac{2}{\pi} \int du \left( 4\pi G \bar{\rho} a^2 \right)^2 \int dk \frac{P(k)}{k}$$

# Gravitational spin rotation relative to momentum

For massive relic neutrinos, after including matter and dark energy in  $\bar{\rho}(a) = \rho_M / a^3 + \rho_V$  :

$$\langle (\Delta\theta_p)^2 \rangle = \frac{9}{8\pi} PH_0^3 \int_0^1 \frac{da}{a^2} (\Omega_M a + \Omega_V a^4)^{3/2} v \left( \frac{1}{v} + v \right)^2$$

$$\langle (\Delta\theta_s)^2 \rangle = \frac{9}{8\pi} PH_0^3 \int_0^1 \frac{da}{a^2} (\Omega_M a + \Omega_V a^4)^{3/2} v^3 \left( \frac{2\gamma + 1}{\gamma + 1} \right)^2$$

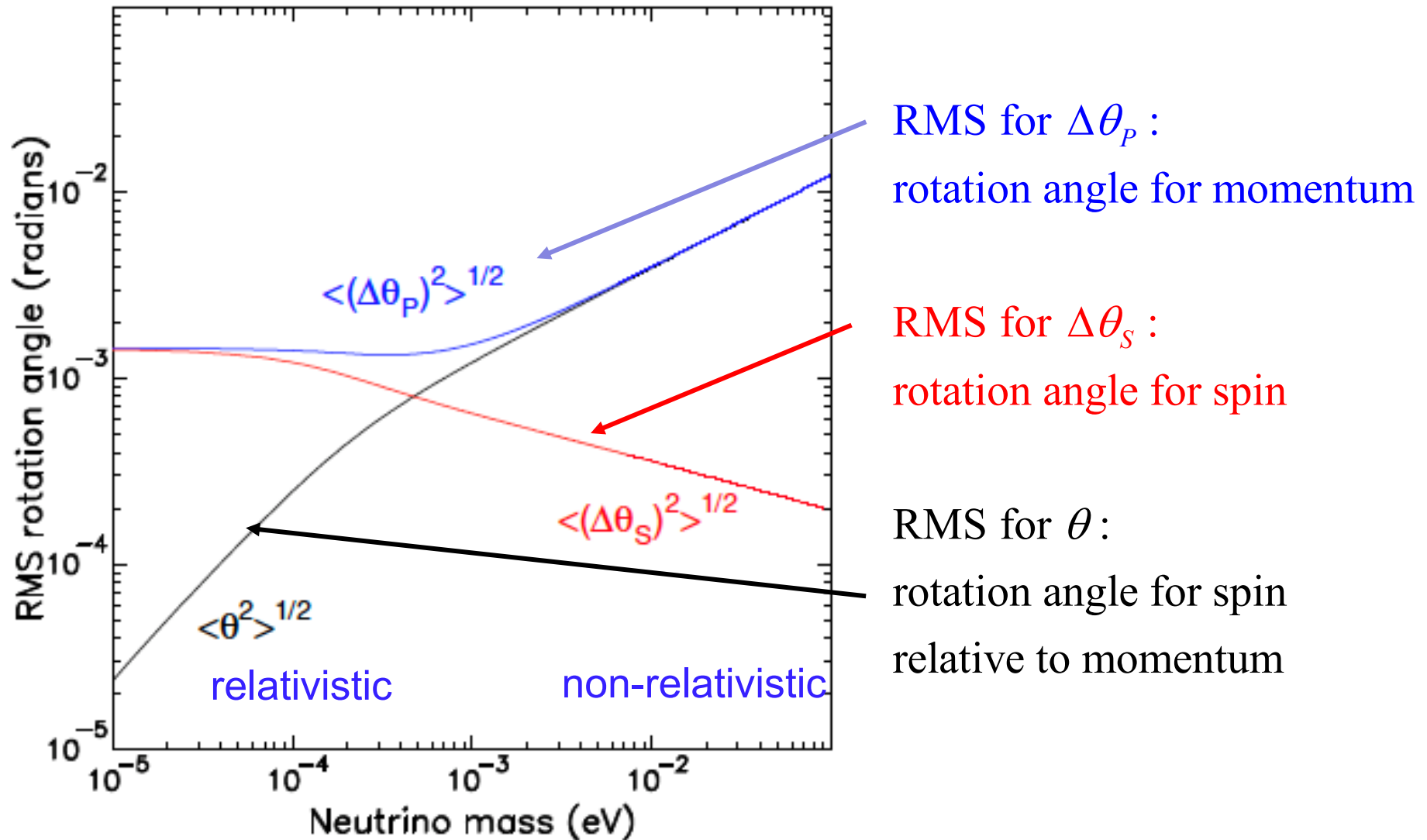
$$\langle \theta^2 \rangle \equiv \langle (\Delta\theta_p)^2 \rangle - \langle (\Delta\theta_s)^2 \rangle = \frac{9}{8\pi} PH_0^3 \int_0^1 \frac{da}{a^2} (\Omega_M a + \Omega_V a^4)^{3/2} \left( \frac{1}{v} - v \right)$$

(where  $\Omega_M$  = matter fraction,  $\Omega_V$  = dark energy fraction)

Main effect is from matter dominated era (redshift  $\sim 10^4$  to now)

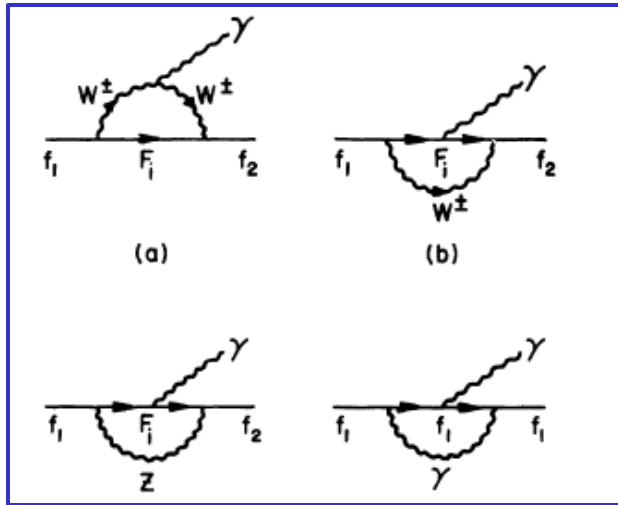
(For detailed derivation, see Baym and Peng, PRD 103 (2021))

# Spin rotation relative to momentum rotation due to gravity for relic neutrino mass state (depending on neutrino's mass)



# Rotation of neutrino spins in magnetic fields via neutrino magnetic moment

Standard model processes lead to a non-zero neutrino magnetic moment



$$\mu_\nu^{SM} \simeq \frac{3eG_F}{8\sqrt{2}\pi^2} m_\nu \simeq 3 \times 10^{-21} m_{-2} \mu_B$$

Fujikawa-Schrock, *PRL* 1980

$\mu_B$  = Bohr magneton =  $e / 2m_e$

$$m_{-2} = m_\nu / 10^{-2} \text{ eV}$$

The magnetic moment could be much larger (BSM physics)

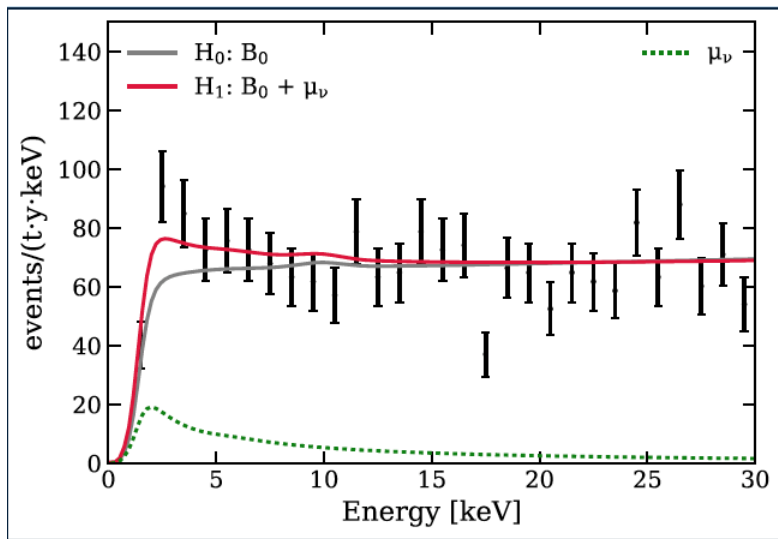
Upper bounds:  $\mu_\nu < 2.9 \times 10^{-11} \mu_B$  GEMMA (2010)

$\mu_\nu < 7.4 \times 10^{-11} \mu_B$  TEXONO (2007)

$\mu_\nu < 2.8 \times 10^{-11} \mu_B$  Borexino (2017)

Naturalness upper bound:  $\mu_\nu \leq 10^{-16} m_{-2} \mu_B$  Bell et al. *PRL* 2005

# XENON1T low energy electron event excess



Excess of low energy electron events  
1-7 keV over expected background???  
*Aprile et al. PR D 102, 072004 (2020)*

Possible explanations:

Large neutrino magnetic moment ( $3.2\sigma$ )

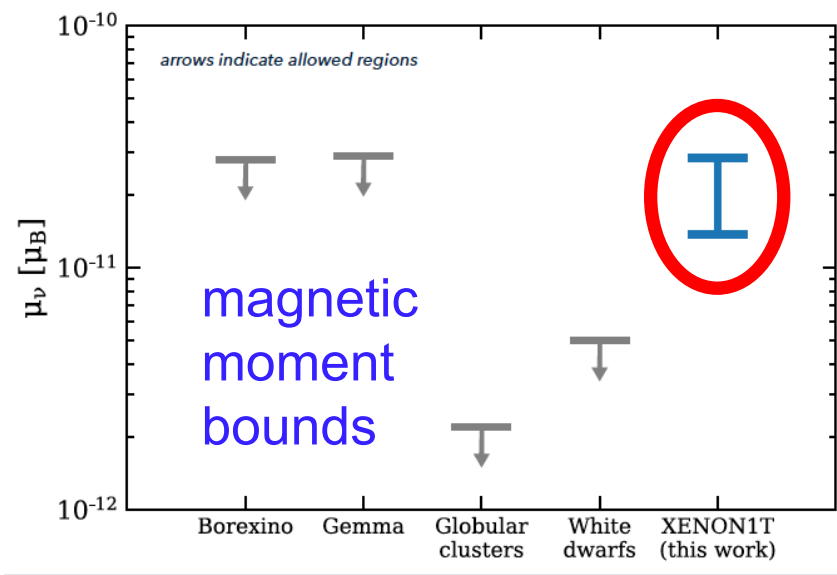
Solar axions ( $3.5\sigma$ )

Tritium (in Xe) beta decays

Excess consistent with neutrino  
magnetic moment:

$$\mu_{\nu,1T} \sim 1.4 - 2.9 \times 10^{-11} \mu_B$$

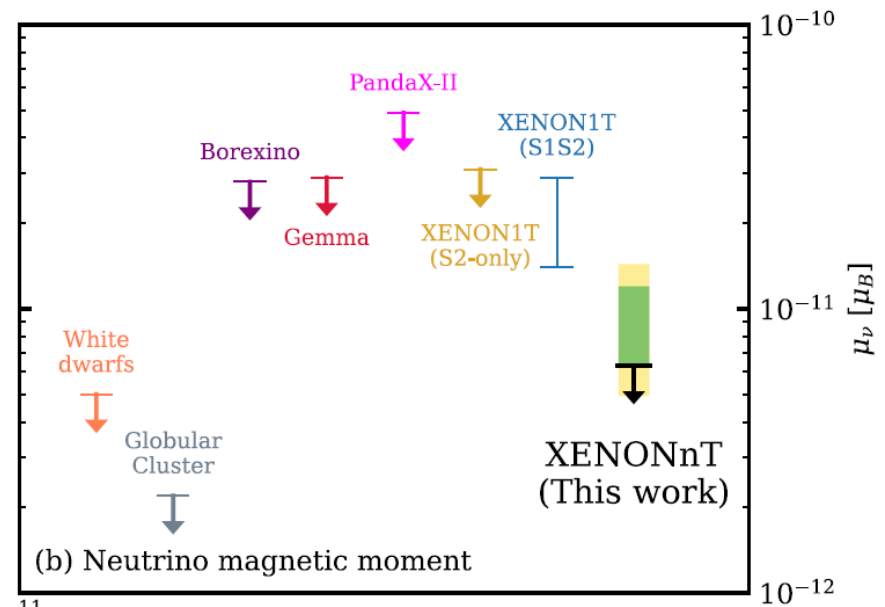
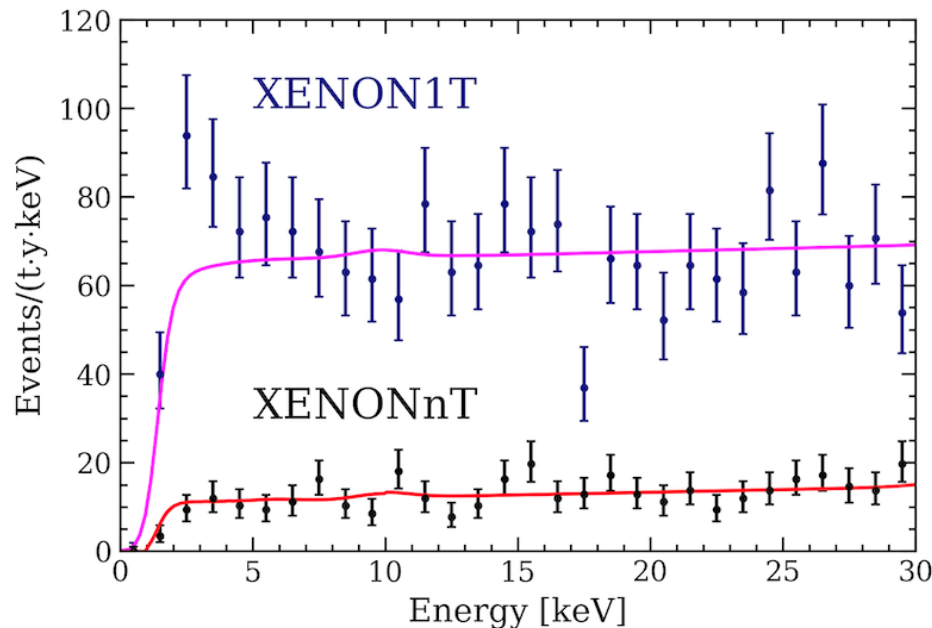
Beyond Standard Model physics??



# Excess now tracked to tritium contamination

*E. Aprile et al, PRL: 129, 161805 (2022)*

XENONnT = 6 tons of Xe



No indication of BSM neutrino magnetic moment

Neutrino's spin precesses in B field, but momentum does not  
(neutrinos are electrically neutral)

Magnetic fields change neutrino helicity:  $h = \hat{S} \cdot \hat{p}$

Define spin in rest frame of neutrino.

Rest frame precession :

$$\frac{d\vec{S}}{d\tau} = 2\mu_\nu \vec{S} \times \vec{B}_R \quad B_R = \text{magnetic field in rest frame}$$

In terms of "lab" frame magnetic field:  $B_{\parallel R} = B_{\parallel}$ ,  $B_{\perp R} = \gamma B_{\perp}$

Bargmann-Michel-Telegdi (BMT) equation of motion:

$$\frac{d\vec{S}_{\perp}}{dt} = 2\mu_\nu \left( \vec{S}_{\parallel} \times \vec{B}_{\perp} + \frac{1}{\gamma} \vec{S}_{\perp} \times \vec{B}_{\parallel} \right)$$

Apply to both galactic and cosmic magnetic fields

# Cosmic magnetic field rotation of neutrino spin

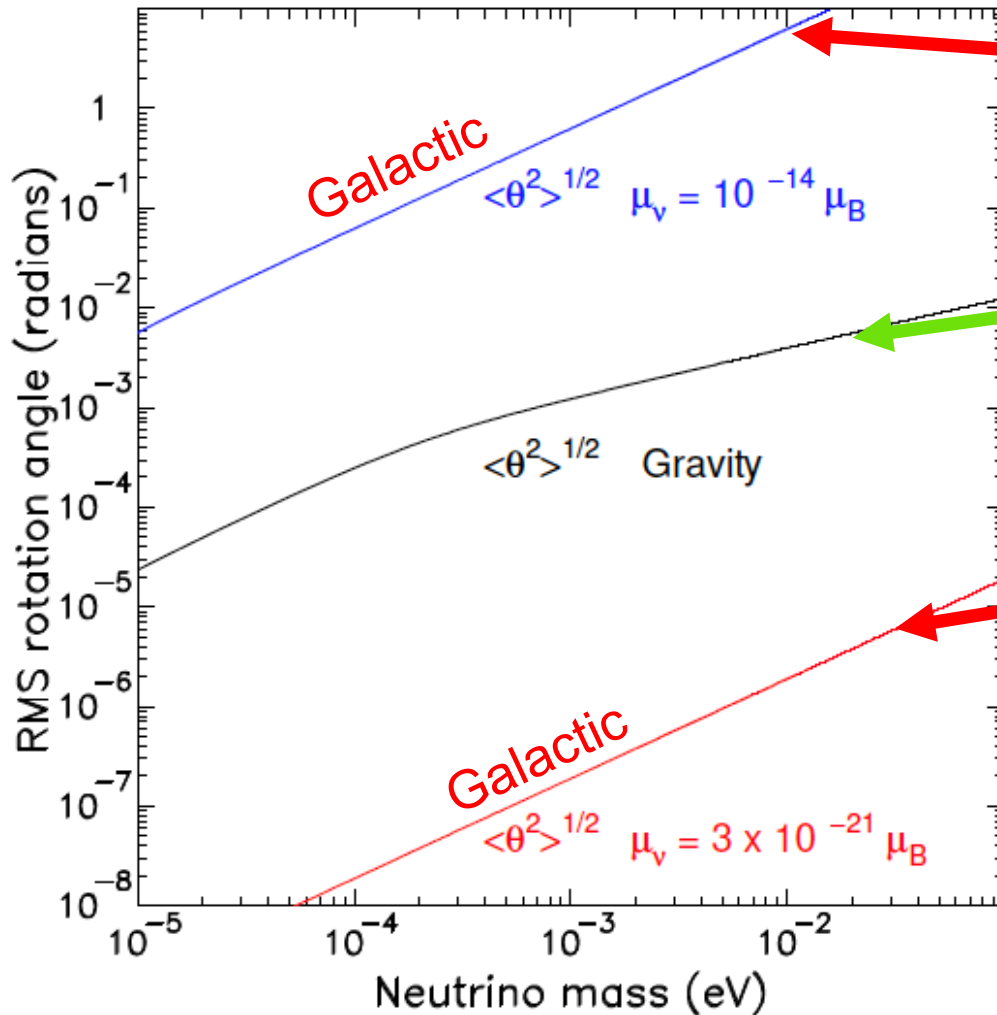
$$\langle \theta^2 \rangle_{\text{Galaxy}} \sim 4 \times 10^{29} m_{-2}^2 \left( \frac{\Lambda_g}{1 \text{ kpc}} \right) \left( \frac{B_g}{10 \mu\text{G}} \right)^2 \left( \frac{\mu_\nu}{\mu_B} \right)^2$$

$$\langle \theta^2 \rangle_{\text{Cosmic}} \sim 2 \times 10^{27} \left( \frac{\Lambda_0}{1 \text{ Mpc}} \right) \left( \frac{B_0}{10^{-12} \text{ G}} \right)^2 \left( \frac{\mu_\nu}{\mu_B} \right)^2$$

$\Lambda_0$  = coherence length of cosmic magnetic field

To within uncertainties in magnetic fields, coherence lengths, and neutrino masses, spin rotation in cosmic magnetic fields  $\sim$  galactic fields

# Spin rotation from gravitational vs. magnetic fields



Rotation in Milky Way  
with magnetic moment  
~100 times smaller than  
current upper limit

Gravitational rotation  
*GB+JCP PRD*

Rotation in Milky Way  
with standard model  
magnetic moment

# ITBD rate depends on the helicity, mass and type of relic neutrinos

- $\sigma_i^h = \frac{G_F^2}{2\pi v_i} |V_{ud}|^2 |U_{ei}|^2 F(Z, E_e) \frac{m(^3He)}{m(^3H)} E_e p_e A_i^h (\bar{f}^2 + 3\bar{g}^2)$
- Define  $A_{eff}$  as the sum of  $|U_{ei}|^2 A_i^h$  over mass state  $i$  and helicity  $h$ :

$$A_{eff} = \sum_{i,h=\pm} |U_{ei}|^2 \langle A_i^h \rangle_T$$

- Helicity-dependent factor,  $A_i^h$ , is  $A_i^\pm = 1 \mp \beta_i$ ; where  $\beta_i = v_i / c$
- $T$  denotes the thermal average over the present momentum distribution,  $f(p)$ , of relic neutrinos:  $f(p) = [e^{p/T_0} + 1]^{-1}$ ;  $T_0 = 0.1676 \text{ meV}$

- For Dirac type, only neutrinos (not antineutrinos) contribute

$$A_{eff,D} = \sum_{i,h=\pm} |U_{ei}|^2 \langle A_i^h \rangle_T = 1 + \sum_i |U_{ei}|^2 \langle \beta_i \cos \theta_i \rangle_T$$

- For Majorana type, both neutrinos and antineutrinos contribute

$$A_{eff,M} = (1 + \sum_i |U_{ei}|^2 \langle \beta_i \cos \theta_i \rangle_T) + (1 - \sum_i |U_{ei}|^2 \langle \beta_i \cos \theta_i \rangle_T) = 2$$

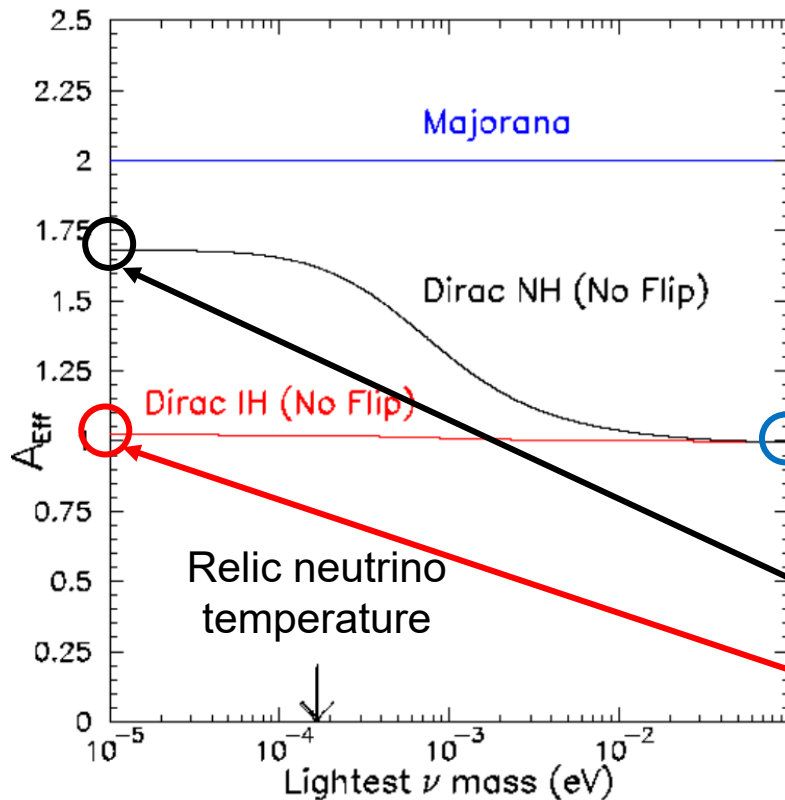
# ITBD rate for Dirac neutrinos without helicity flip

- For Majorana type, both neutrinos and antineutrinos contribute

$$A_{eff,M} = (1 + \sum_i |U_{ei}|^2 \langle \beta_i \cos \theta_i \rangle_T) + (1 - \sum_i |U_{ei}|^2 \langle \beta_i \cos \theta_i \rangle_T) = 2$$

- For Dirac type, only neutrinos (not antineutrinos) contribute

$$A_{eff,D} = \sum_{i,h=\pm} |U_{ei}|^2 \langle A_i^h \rangle_T = 1 + \sum_i |U_{ei}|^2 \langle \beta_i \cos \theta_i \rangle_T$$



- For Dirac neutrinos without helicity flip ( $\cos \theta_i = 1$ )

$$A_{eff,D} = 1 + \sum_i |U_{ei}|^2 \langle \beta_i \rangle_T$$

- If all neutrinos are non-relativistic,  $\beta_i \rightarrow 0$ , then

$$A_{eff,D} = 1$$

- If the lightest neutrino is relativistic, then

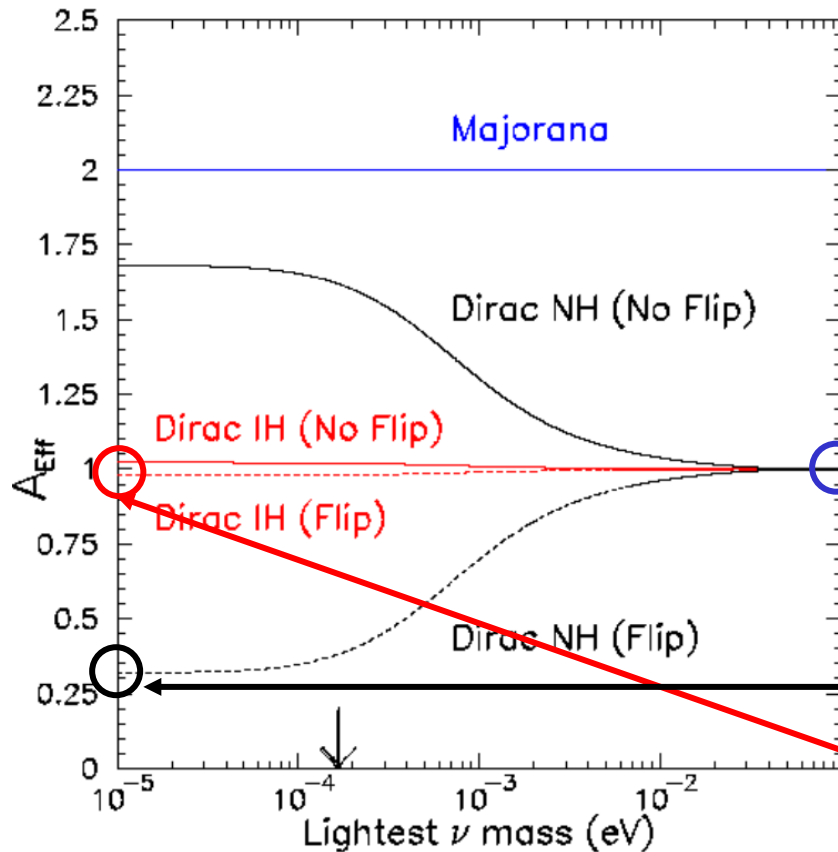
$$A_{eff,D} = 1 + |U_{e1}|^2 = 1.68 \quad \text{for normal mass hierarchy}$$

$$A_{eff,D} = 1 + |U_{e3}|^2 = 1.02 \quad \text{for inverted mass hierarchy}$$

# ITBD rate for Dirac neutrinos with helicity flip

- For Dirac type, only neutrinos (not antineutrinos) contribute

$$A_{eff,D} = \sum_{i,h=\pm} |U_{ei}|^2 \langle A_i^h \rangle_T = 1 + \sum_i |U_{ei}|^2 \langle \beta_i \cos \theta_i \rangle_T$$



- Dirac neutrinos with helicity flip ( $\cos \theta_i = -1$ )

$$A_{eff,D} = 1 - \sum_i |U_{ei}|^2 \langle \beta_i \rangle_T$$

- If all neutrinos are non-relativistic,  $\beta_i \rightarrow 0$ ,

$$A_{eff,D} = 1$$

- If the lightest neutrino is relativistic,

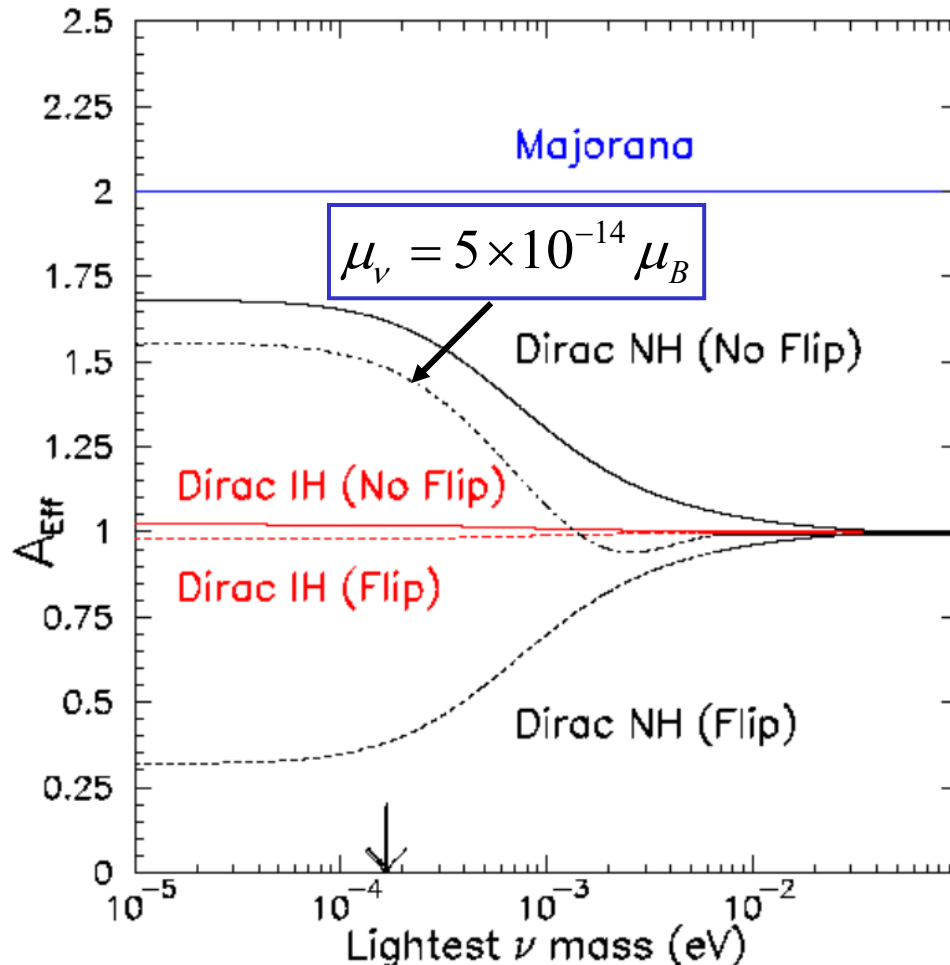
$$A_{eff,D} = 1 - |U_{e1}|^2 = 0.32 \quad \text{normal hierarchy}$$

$$A_{eff,D} = 1 - |U_{e3}|^2 = 0.98 \quad \text{inverted hierarchy}$$

# ITBD rate for Dirac neutrinos with partial helicity flip

- For Dirac type, only neutrinos (not antineutrinos) contribute

$$A_{eff,D} = \sum_{i,h=\pm} |U_{ei}|^2 \langle A_i^h \rangle_T = 1 + \sum_i |U_{ei}|^2 \langle \beta_i \cos \theta_i \rangle_T$$



- For Dirac with NH, ITBD rate is modified even with a modest  $\mu_\nu$  of  $5 \times 10^{-14} \mu_B$

- For Dirac with IH  $A_{eff,D} \simeq 1$  insensitive to  $\mu_\nu$

- For Majorana neutrinos  $A_{eff,M} = 2$ , independent of  $\mu_\nu$

Baym and Peng, PRL 126, 191803 (2022)

# The ITBD has never been observed yet !

To detect the ITBD, use known sources of electron neutrinos

*Peng and Baym, PRD 106, 063018 (2022)*

Solar Neutrinos and  $^{51}\text{Cr}$  sources



| Experiment | Isotope          | Strength  | Production Process                                     |
|------------|------------------|-----------|--------------------------------------------------------|
| GALLEX [3] | $^{51}\text{Cr}$ | 1.69 MCi  | Thermal neutron capture on $^{50}\text{Cr}$            |
| SAGE [2]   | $^{51}\text{Cr}$ | 0.517 MCi | Epithermal neutron capture on $^{50}\text{Cr}$         |
| GALLEX [1] | $^{51}\text{Cr}$ | 1.87 MCi  | Thermal neutron capture on $^{50}\text{Cr}$            |
| SAGE [4]   | $^{37}\text{Ar}$ | 0.409 MCi | Fast neutron $^{40}\text{Ca}(n, \alpha)^{37}\text{Ar}$ |
| BEST [5]   | $^{51}\text{Cr}$ | 3.4 MCi   | Thermal neutron capture on $^{50}\text{Cr}$            |

Table 1: Mega-Curie-scale electron capture neutrino sources that have been produced.

Coloma et al. (Snowmass 2020)

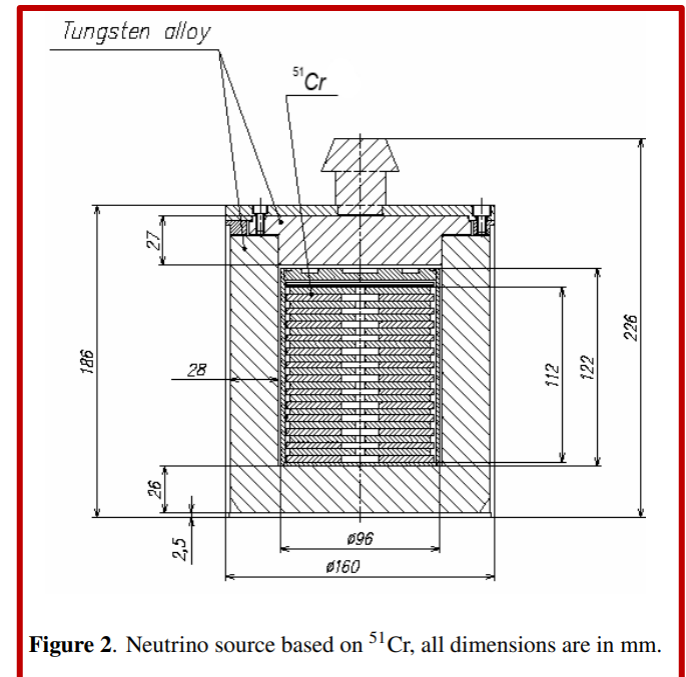
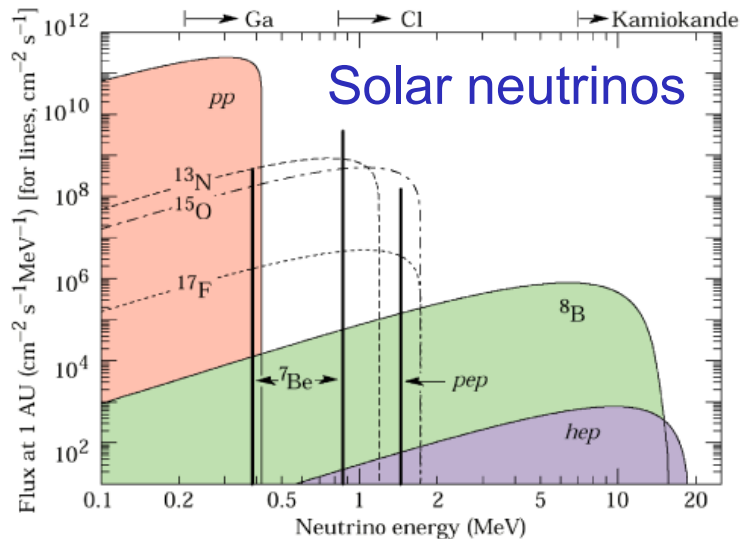


Figure 2. Neutrino source based on  $^{51}\text{Cr}$ , all dimensions are in mm.

3.4 MCi  $^{51}\text{Cr}$  source for the experiment  
BEST

# Expected ITBD rates from various sources

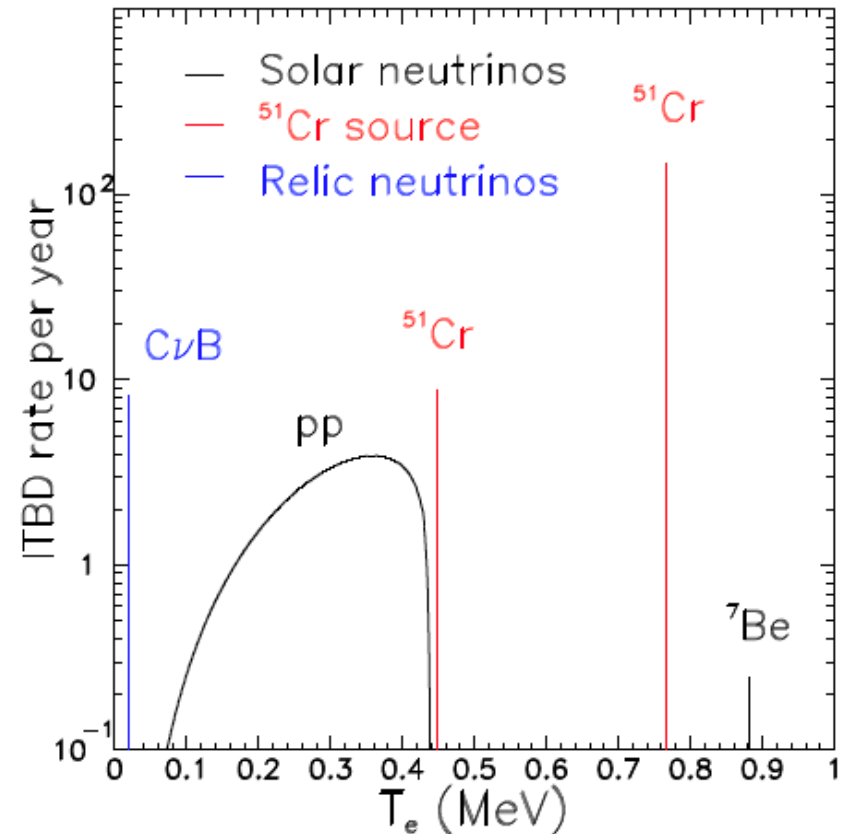
Assuming a 100 g tritium target

*Peng and Baym, PRD 106, 063018 (2022)*

3.0-MCi  $^{51}\text{Cr}$  at 50 cm away  
from 100 g tritium target

TABLE I. ITBD rate for various sources of electron neutrinos, together with the electron kinetic energies,  $T_e$ . The relic neutrinos are assumed to be Majorana in the rate calculation.

| Source                                     | $T_e$ (MeV)    | Rate (1/year) |
|--------------------------------------------|----------------|---------------|
| $^{51}\text{Cr}$ 0.427 + 0.432 MeV $\nu_e$ | 0.447          | 8.8           |
| $^{51}\text{Cr}$ 0.747 + 0.752 MeV $\nu_e$ | 0.767          | 147.0         |
| Solar $pp$ $\nu_e$                         | 0.0186 to 0.44 | 0.8           |
| Solar $^7\text{Be}$ $\nu_e$                | 0.881          | 0.23          |
| Relic $\nu_e/\bar{\nu}_e$                  | 0.018          | 8.2           |



# Conclusion

- Relic neutrino helicities could be modified by gravity and magnetic fields
- Detection rate of relic neutrinos via the ITBD reaction is sensitive to the Dirac/Majorana nature of neutrino, and to the masses of neutrinos
- For Dirac neutrino with normal hierarchy, the ITBD rate also depends on neutrino helicity, which is sensitive to neutrino magnetic moment
- Detection of relic neutrinos can reveal fundamental properties of neutrinos and the Early Universe

A close-up photograph of a hand holding a dark blue fountain pen, writing the words "Thank you!" in a fluid, cursive script on a white piece of paper. The pen is positioned at the end of the word, with the ink still wet. The background is a soft, out-of-focus white.

*Thank you!*